

Source FM Penryn Falmouth launches BBC Repair Shop style radio show¹

By Paul Armstrong 8th February 2021



WITH the popularity of the BBC's Repair Shop a new community radio show called “Shed Happens” is being launched on community radio station Source FM to encourage people to be more creative in Cornwall.

The show being broadcast on the Falmouth and Penryn's community radio station this Friday (February 12 and repeated on the 14th) from four to 5pm is not actually about sheds but larger ones where people can meet to undertake

¹ <https://www.falmouthpacket.co.uk/news/19072951.source-fm-penryn-falmouth-launches-shed-happens-radio-show/>

creative and practical work. The aim is to create more of, what are known as, Men's Sheds across Cornwall.

And, even though they are called Men's Sheds, most Men's Shed across the UK are open to women, and many of them call themselves Community Sheds.

Men's Sheds provide people with a space to work together on practical projects. At the moment, nearly all are locked down, although some are undertaking jobs in the community and helping with the vaccinations programme. The people who go, called Sheddors, normally work on projects for themselves, other charities, and others in the community.

The presenter on the radio show, Patrick Abrahams, a UK Men's Sheds Association Ambassador, said "There are over 600 of these Sheds across the UK, but in Cornwall there are only one or two Men's Sheds we know about – And based on most other counties similar to Cornwall we would expect to see 20 to 30"

"We hope that people listening to the show who are interested in Men's Sheds will join a Zoom meeting that will be held on the February 23 at 2pm. This meeting will provide more information about Men's Sheds, how they work, what you need to do set them up, and to answer any questions you may have.

In the show on the 12th and 19th of February we hear from two sheds in the South West, one from St Just in Penwith, and one from Tavistock, and also from a retired palliative care NHS consultant, on the health benefits of community groups such as Men's Sheds.

To register for this Zoom meeting on the 23rd February, email shedhappens@ukmsa.org.uk. If you want help using Zoom, or information as to how you can join the meeting if you don't have Internet access, please call Patrick Abrahams on 07494-120704.